

# Tab 28

From: Larry Hobbs [larryhobbs@home.com]  
Sent: Thursday, August 30, 2001 2:51 PM  
To: BobC@prosourceonline.com  
Subject: Re: Ephedrine and intense exercise

> On 8/30/01 11:22 AM, BobC@prosourceonline.com at BobC@prosourceonline.com wrote:

Bob,

> Primarily some data that shows ephedrine is safe when used with intense  
> exercise. I would imagine that endurance studies would also address to some  
> degree the aspect of safety.

Ephedrine's margin of safety is reduced

- when the room temperature is elevated or
- when animals are forced to exercise

according to the National Toxicology Program's 2-year safety study of ephedrine sulfate that was performed using mice and rats.

I'll look up the amount it was reduced and send it to you in a few minutes.

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Larry Hobbs  
Obesity Research Update  
Pragmatic Press/Pragmatic Research  
Box 5777  
Irvine, CA 92616 USA  
800-454-1974  
949-854-1152  
949-854-1549 fax  
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> -----Original Message-----

> From: Larry Hobbs [SMTP:larryhobbs@home.com]  
> Sent: Thursday, August 30, 2001 2:38 PM  
> To: BobC@prosourceonline.com  
> Subject: Ephedrine and intense exercise

>  
>> On 8/30/01 11:11 AM, BobC@prosourceonline.com at  
> BobC@prosourceonline.com  
> wrote:

> Bob,

>> Larry,

>> Thanks for the updates.

>>  
>> On a different note, are you aware of any ephedra/ephedrine  
> studies which  
>> involved intense exercise?

> Are you looking for safety studies?

> Or studies showing that ephedrine increases endurance?

>  
>> Bob  
>

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Larry Hobbs  
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>  
>  
>> -----Original Message-----  
>> From: Larry Hobbs [SMTP:larryhobbs@home.com]  
>> Sent: Tuesday, August 28, 2001 3:44 PM  
>> To: Bob Chinery  
>> Subject: LA Times Article with Xenadrine mention

>>  
>> Bob,  
>>  
>> Here is the Los Angeles Times article that mentions Xenadrine  
> twice.  
>>

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>> Larry Hobbs  
>> Obesity Research Update  
>> Pragmatic Press/Pragmatic Research  
>> PO Box 5777  
>> Irvine, CA 92616 USA  
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>> << File: LA Times Article.pdf >>